

Let's Discuss...

Inherited Trauma, How It Shapes Who You Are



Dr. Galit Atlas

Thursday, April 25, 2024

PRESENTED BY



Fora Health

TREATMENT & RECOVERY

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Shining a Spotlight on Mental Wellness

We are thrilled to come together and learn about Inherited Trauma, How It Shapes Who You Are from Dr. Galit Atlas.

At Fora Health, we believe wellness encompasses mental, physical, and emotional health for individuals and their families. That is why the 2nd Annual Let's Discuss series is bringing relevant and forward-thinking topics to our professional community. Dr. Galit Atlas is the fourth speaker in our six-month series that ties together innovative topics like using AI to improve Mental Health, Rewiring the Brain, EMDR, and Racism in Medicine.

We know this education is vital and needed in our community. We are so glad you have joined us this morning, and we know you will leave with valuable insights for your personal life and professional career.

We look forward to all the ensuing conversation.

Let's have a discussion!

Devarshi Bajpai
Chief Executive Officer



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Chief Executive Officer

Fora Health, *formerly De Paul Treatment Centers*, has been providing transformational treatment in our community for 50 years! When we look at what it takes to recover from the disease of addiction, we understand that no one can do it alone. We believe that trauma-informed, evidence-based treatment programs along with supportive family and friends, compassionate healthcare providers and thoughtful public policy are needed to recover.

Thank you for your support!

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Meet Dr. Galit Atlas

Galit Atlas, Ph.D. is on the faculty at NYU Postdoctoral Program in Psychotherapy and Psychoanalysis. She is the author of the psychoanalytic books *The Enigma of Desire: Sex, Longing and Belonging in Psychoanalysis* and *Dramatic Dialogue: Contemporary Clinical Practice* (co-authored with Lewis Aron), and the editor and a contributor to *When Minds Meet: The Work of Lewis Aron*. Her first book for the public *Emotional Inheritance: A Therapist, Her Patients and the Legacy of Trauma* was translated into 26 languages.

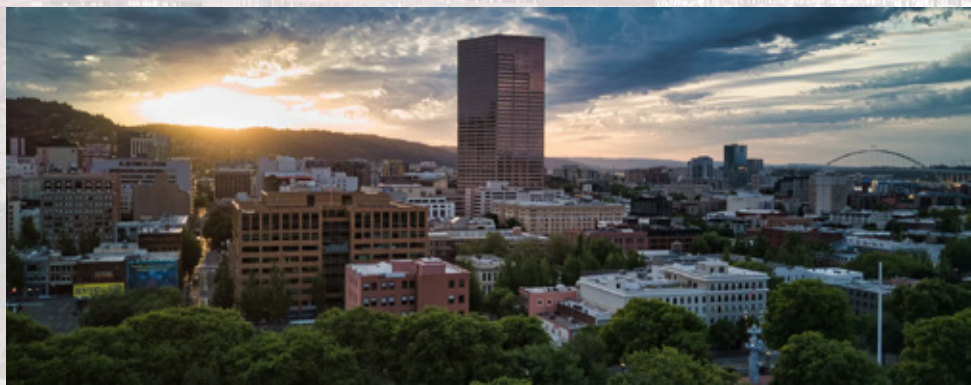
Atlas serves on the editorial boards of *Psychoanalytic Dialogues* and of *Psychoanalytic Perspectives*. She is a recipient of the André François Award, the NADTA Research Award and the Gradiva Award. She is a psychoanalyst and clinical supervisor in private practice in New York City and teaches and lectures throughout the United States and internationally.



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Everyone**

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Upcoming Speakers



EMDR (Eye Movement Desensitization and Reprocessing) Therapy to Recover from Trauma, Addiction, Anxiety, Pain and more

Dr. Jamie Marich

Thursday, May 30, 2024 | 10:00 AM

PNC Live Studio



A New Paradigm for Race & Racisms in Medicine

Dr. Jonathan Metz

Thursday, June 27, 2024 | 10:00 AM

PNC Live Studio



Register Now: forahealth.org/letsdiscuss

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years

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Saturday, October 5, 2024

Learn more: forahealth.org/fora50

We Want to Hear Your Fora/De Paul Story!

We are collecting stories from past patients and staff to highlight throughout the year.

