



Fora Health
TREATMENT & RECOVERY

IMPACT REPORT

July 2020 – June 2021



Fora Health saves lives every day from the devastating disease of addiction.

Substance Use Disorder is a chronic, complex, relapsing disease, but with compassionate, individualized, wrap-around care, it is treatable. Our evidence-based, culturally responsive programs prepare patients for long-term recovery and success in all aspects of their lives. 55,000 people have received treatment since our founding. With care and compassion, our community is a healthier, stronger, and more vibrant place to call home.

“Fora Health is my super hero. They are truly in the business of saving lives. I learned a treasure trove of skills that I use on a daily basis to keep myself clean and sober.”

- Charles, Adult Program Graduate



1,386 people sought life-saving care at Fora Health*



85% of patients feel our services helped them obtain the skills to better manage their lives



40,984 total hours of patient services our staff provided last year



89% of patients feel our services are making a positive difference in their lives



86% of youth patients are from low-income households

82% of adult patients are from low-income households

33% of patients were houseless upon entering treatment

100% of Fora Health graduates had a home to go to

*In 2020 we reduced the number of patients in residence to meet COVID-19 safety protocols. When we open our new purpose-built treatment center in Fall 2021 we will triple our patient capacity.



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[Forahealth.org](https://forahealth.org) | (503) 535-1151

Fora Health, *formerly De Paul Treatment Centers*, provides treatment, care and advocacy for all who are affected by Substance Use Disorder. For nearly 50 years, we have helped individuals and families break harmful cycles, repair relationships and get back to the things that matter.

Opened in 1985, Fora Health's Youth & Family Center is one of only four youth residential treatment facilities for Substance Use Disorder in Oregon. Young people in our care receive individual, group and family therapy, mental health services, and work an academic plan at the Fora Health Alternative School.

“Fora Health has given me the skills to cope with my addiction while encouraging me to reach my goals.”

- Kody, Youth Program Graduate



Together, we are addressing one of our community's greatest needs.

- ▶ **1 in 10** Oregonians has a substance use disorder
- ▶ **Oregon ranks 48th** in the nation for prevalence of Substance Use Disorder
- ▶ **Only 5%** of those who need care are treated annually
- ▶ **40% increase** in overdose deaths in 2020
- ▶ **Substance Use Disorder** costs Oregon tax payers \$6.7 billion annually

STAY IN TOUCH!

Sign up for our newsletter to receive updates on how we are delivering lifesaving treatment and to learn about our Keynote Speaker Series launching in 2021. www.forahealth.org/newsletter