



## Youth Residential Treatment

Addiction affects people of every age. Our Residential Youth Treatment program offers male-identifying teens, aged 13-18 who struggle with substance use to receive caring and effective treatment around the clock in a supportive environment.

### About the Program

Our skilled youth counselors and clinicians develop individualized treatment plans with patients and their families. Our program features:

- ▶ **24/7 Residential Care**
- ▶ **Certified Addictions Counselors**
- ▶ **Group Counseling and Education**
- ▶ **Referrals to mental health therapy for teens with a Dual Diagnosis**
- ▶ **Family Therapy**
- ▶ **Fully Accredited Fora Health Alternative School**

Teens entering treatment are assigned a Certified Alcohol and Drug Counselor who works with them one-on-one to identify set expectations, and guide them through their program and individual therapy. Daily activities include individual and group counseling, schoolwork and academic planning, life skills training, and recreational activities such as fitness, team sports, art, games, and field trips.

On average, teens are enrolled in Residential Treatment for 70 to 90 days, but the length of treatment varies based on the individual's treatment plan, their goals, and their progress towards those goals.



### Get Started

**Call (503) 535-1151**

Access Center Hours  
Mon - Fri 8:00am - 4:30pm

We accept a variety of payment options including Oregon Health Plan (OHP) and work with many insurance providers.

### Fora Health Youth & Family Center

4411 NE Emerson Street  
Portland, OR 97218  
Phone: (503) 535-1151  
Fax: (503) 528-0800

For more information about our programs visit:

[www.forahealth.org](http://www.forahealth.org)