



Residential Treatment

Program Overview

Fora Health's Adult Residential Program accommodates up to 70 adults for the treatment of moderate-to-severe substance use and co-occurring mental health disorders in a structured setting with caring, skilled, 24-hour staff. Our comprehensive services ensure everyone has the tools they need to find hope and healing in recovery. In addition to a full array of medical and psychosocial treatments for substance use disorder, Fora Health provides the following services on-site:

- Group and individual counseling
- Peer Recovery Mentor services
- Family Therapy services
- Dual Diagnosis Mental Health Therapy
- Medication to treat substance use disorder
- Chiropractic services and pain management
- Dietary and nutritional services
- Art therapy
- Acupuncture

What to Expect

Residential patients live in a dormitory-style setting located at our SE Portland location. The length of treatment depends on a person's use history, recovery goals, progress and readiness. The average time in residential treatment ranges from 90 to 120 days. We are a tobacco and nicotine product free campus and can offer nicotine replacement therapy. After 30 days in treatment patients can participate in off-site appointments and family visits.

Accessing Treatment

The first step to getting started is to reach out to our care team at (503) 535-1151 to complete an initial screening.

To refer a potential patient, complete a referral form which can be found on our website: <https://forahealth.org/forms>

Insurance

We offer a wide variety of payment options and work with a vast network of public and private insurance providers. We accept most private insurance providers including Oregon Health Plan and many private insurance carriers.

For more information

Call: (503) 535-1151 or visit: forahealth.org/payment-options

Contact

Fora Health

10230 SE Cherry Blossom Dr.
Portland, OR 97216

Hours: M-F 8:00am - 5:30pm

General Phone: (503) 535-1150

Email: info@forahealth.org

Learn more: www.forahealth.org