



Medically Monitored Residential Program Overview

Fora Health's Medically Monitored Residential, 3.7R, program serves individuals who have significant co-occurring medical or psychiatric needs who may struggle to find an appropriate substance use disorder treatment program. Our medically monitored program provides additional medical and psychiatric support so that patients are able to engage in substance use treatment services. This improves recovery outcomes, reduces admittance to higher levels of care and establishes patients with community health providers to assist with long-term health recovery. Our care teams work in a highly collaborative way to ensure that all patients, including those in need of specialty support, have access to a substance use disorder treatment program that helps them realize a healthier life, no matter where they take their first step from.

Services provided in Medically Monitored Residential Program:

- Meeting with a medical or psychiatric provider for an assessment within 24 hours of admission to the residential treatment
- Daily check-in group Monday – Friday with medical case manager
- Access to medical case management and prioritization to establish with a primary care provider as well as support in scheduling and support from peer mentors to attend any urgent outside medical or dental appointments
- For psychiatric 3.7 patients, prioritized access to a mental health provider and mental health groups

Accessing Treatment

The first step to getting started is to reach out to our care team at (503) 535-1151 to complete an initial screening or to get more information.

To refer a potential patient, complete a referral form which can be found on our website: <https://forahealth.org/forms>

Insurance

Fora offers a wide variety of payment options and work with a vast network of public and private insurance providers. We accept most private insurance providers including Oregon Health Plan and many private insurance carriers.

For more information

Call: (503) 535-1151 or visit: forahealth.org/payment-options

Contact

Fora Health

10230 SE Cherry Blossom Dr.
Portland, OR 97216

Hours: M-F 8:00am - 5:30pm

General Phone: (503) 535-1150

Email: info@forahealth.org

Learn more: www.forahealth.org