



## Fora Health provides treatment, care and advocacy for all who are affected by substance use disorder.

### ▶ **Medically Managed Withdrawal**

Patients spend 1-5 days onsite and receive 24/7 support to withdraw from alcohol, opiates and stimulants.

### ▶ **Medication to Treat Addiction**

Patients work with an addiction counselor and prescriber to explore medications that can reduce withdrawal symptoms and cravings.

### ▶ **Medically Monitored Residential Treatment**

SUD treatment for those with severe co-occurring medical and/or psychiatric needs. (also called 3.7 on the ASAM Level of Care Continuum)

### ▶ **Residential Treatment**

Patients live onsite and receive 24/7 care for SUD and co-occurring mental health disorders. Individuals are assigned to programs based on the gender to which they most closely align.

### ▶ **Outpatient Services**

Patients live offsite and access treatment one or more times per week. Intensive Outpatient is also available.

### ▶ **Family Therapy**

Interested patients are referred to family therapy and can invite loved ones into treatment.

### ▶ **Peer Recovery Mentors**

Patients enrolled in residential and outpatient care have access to support, skill building and a wealth of activities curated by professional Peer Recovery Mentors.

### ▶ **DUII Services**

Flexible outpatient program for DUII Diversion and Conviction.

## Get Started

Recovery begins  
with a call.

**(503) 535-1151**

### Vision

We envision communities where every person affected by substance use disorder has access to the support needed to emerge from this disease. Where healthcare systems become advocates for hope. Where stigma ceases to exist.

The word "Fora," is the plural form of the Latin word, "forum," meaning gathering place or space for dialogue.

To us, "Fora" represents the many forums we have in our organization for discussion, patient care, strategic development and education.

All Programs are  
CARF Accredited





## Fora Health

Fora Health has served the area for nearly five decades with excellence and experience. We provide trauma-informed, evidence-based therapies for adults with the goal of building healthier individuals, families and communities. We posit that substance use and mental health treatment *are* healthcare.

- ▶ 53,000+ sq ft treatment center designed with trauma-informed principles
- ▶ Art Studio, Fitness Center, Resource Room and Recreation Court
- ▶ Learning Center to support community education, gatherings and celebrations
- ▶ Located adjacent to OHSU Adventist Health with proximity to convenient public transportation and on-site parking
- ▶ Over an acre of therapeutically designed green space
- ▶ 24 beds for medical withdrawal management (Detox)
- ▶ 70 residential treatment beds
- ▶ Medication to treat addiction for both inpatient and outpatient
- ▶ Outpatient services for over 500 patients
- ▶ Dedicated spaces for family, support, group therapy and peer support programming

## Impact

# 2,087

Total Unique Patients



**87%** Adult Patients are from Low-Income Households

**100%** Patients had a home to go to at graduation!



# 49,976

Total hours of patient services Fora Health provided last year



**90%**

Patients feel services at Fora are making a positive difference in their lives!



**91%**

Patients are satisfied with the overall quality of care they received at Fora Health

## Here for our community

