

Accessing Treatment Services

For a Health is here for you every step of the way. Below are the steps for accessing treatment for each level of care:

Walk-In Withdrawal Management (Detox)

Any individual seeking treatment must arrive at the Fora Health location in SE Portland at 10230 SE Cherry Blossom Drive.

► Monday – Saturday: Arrive by 7:30 a.m.

On Saturdays we are only able to accept OHP patients.

Outpatient, Intensive Outpatient, DUII

To get established in our Outpatient care, individuals interested in enrolling in care can arrive onsite during Same Day Walk-In business hours to start their enrollment process which include an assessment and assignment to an Addiction Counselor at the Portland or Hillsboro location.

Enrollment walk-in hours*:

► Tuesdays: 2:00 pm - 4:00 pm

► Thursdays: 10:30 am - 2:00 pm

Fridays: 11:00 am - 12:00 pm (Portland Location Only)

*Expect a minimum 2.5 hour appointment. There may be additional wait time.

Residential

- ► To access our 90-120 day residential program, please submit an inquiry form on our website: <u>forahealth.org/adults-get-started</u>
- ▶ Once an inquiry form is submitted, our team will review and reach out to discuss next steps. Response times may vary.
- To follow up on an inquiry you can call our main number at 503-535-1150 or email us at referrals@forahealth.org

Insurance

We offer a wide variety of payment options and work with a vast network of public and private insurance providers. We accept most insurance providers including Oregon Health Plan and many private insurance carriers.

For more information

Call: (503) 535-1151 or visit: forahealth.org/payment-options

Contact

Fora Health

10230 SE Cherry Blossom Dr. Portland, OR 97216

205 SE 3rd Avenue, Suite 100 Hillsboro, OR 97123

General Phone: (503) 535-1150 Email: info@forahealth.org

Learn more: www.forahealth.org

For more specific details about each of our services, please visit our website.



Medications for Addiction Treatment (MAT)

We prescribe medications and long acting injectables for Opioid use disorders such as Buprenorphine (Suboxone) and Brixadi, and medications for Alcohol use disorder such as Naltrexone and Vivitrol.

To access MAT at our Hillsboro location:

- ► Call 503-713-9155 OR
- ▶ Walk in between 9:30am 4:00pm Monday-Friday

To access MAT at our SE Portland (Cherry Blossom) location:

- ► Call 503-713-9156 OR
- ▶ Walk in between 9:00am 4:00pm Monday-Friday

Established Patients: If you have missed an appointment or need to be seen before your next scheduled appointment: call or walk in during regular business hours.