Fora Health
PO Box 16040
Portland, OR 97292
Main (503) 535-1151
Email kellie.fellen@forahealth.org

Fora Health Residential Referral Packet

For HealthShare and Columbia Pacific members only

General Information

- If available, please fax a drug & alcohol ASAM assessment and medical/mental health records along with this Referral Packet. This will make placement on the waitlist and admission to residential much quicker.
- Fax this Referral Packet and any additional information requested below to the attention of Kellie Fellen, Admissions Supervisor: (503) 535-1163.
- **All referrals require the patient to complete an Adult Residential Engagement form from this packet.**
- Hospital referrals must also have medical records faxed with the packet and a discharge medication list at least 24 hours in advance of appointment.
- Fora Health is a tobacco-free facility. Smoking, chewing tobacco, vaping and other related products are not permitted. Smoking cessation services and adjunctive therapy through prescription of Nicotine Replacement Therapy are available based on an individual's needs.
- We do not allow most controlled substances or sedatives in our facility: benzos, Flexeril, tramadol, diphenhydramine, Sudafed, ambien, stimulants, barbituates. Please contact Kellie Fellen for more information about policies regarding buprenorphine/naloxone.
- Patients must arrive with a physical supply of all prescribed medication in the original pharmacy container with a valid, current label from their current medication list.
- Please review our website for personal items/clothing to bring for residential. We do not have storage for any additional items.
- We will contact you after receiving the required forms and records. You must speak with an intake specialist to confirm appointment availability.
- Any questions please call Kellie Fellen at (503) 535-1164.

Referring Provider/Agency Information

- In order for us to confirm patient admission status, please complete the ROI beginning on the next page including type of information to be shared.

Name of Referring Hospital/Facility/Agency including Department/Team Name:	
Name of Contact Person Making Referral:	**Phone:**
Estimated Hospital/Facility Discharge Date:	
Notes:	

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Adult Residential Engagement Form

Initial Screening

Has the patient been charged with a sex offense? ☐ Yes ☐ No

Do you need assistance performing normal activities of daily living (toileting, medication administration, showering)? ☐ Yes ☐ No

Residential patients are required to go up and down three flights of stairs several times a day for groups and classes. Is this something that will be an issue for you? ☐ Yes ☐ No

If you answered "Yes" to any of the questions above, **STOP**, we cannot take a referral for this patient

General Information

Date: _____ **SSN:** _____

First Name: _____ **MI:** _____ **Last Name:** _____

DOB: _____ **Age:** _____ **Contact number:** _____

Gender: ☐ Female ☐ Male ☐ Trans Female/Trans Woman/Affirmed Woman
☐ Genderqueer/Gender Non-Conforming ☐ Trans Male/Trans Man/Affirmed Man
☐ Agender/Without Gender ☐ Declined ☐ Additional Category: _____

What are your reason for wanting residential treatment? _____

What is going to be different for you if you go to residential? _____

What do you plan to do when you finish treatment? _____

Drug(s) of Choice: _____ **Method of use:** _____

Date of last use: _____ **What's the longest you were sober in the last year:** _____

How many days per week do you usually use:

Alcohol: _____ out of 7 days Benzodiazepines: _____ out of 7 days

Opioids: _____ out of 7 days Meth/Amphetamines: _____ out of 7 days

Other: _____ out of 7 days

Do you have active withdrawals from alcohol, opiates or benzos? ☐ Yes ☐ No

Any IVDU is last 30 days? ☐ Yes ☐ No

Do you know anyone working at Fora Health or any other patients here? _____

Will you or your family need interpretive services (language, hearing, other)? ☐ Yes ☐ No Specify: _____

Emergency Contact

Name: _____

Address: _____

Telephone: Home: _____ **Cell:** _____

Relationship: _____

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Medical Information

Do you take or are you supposed to take prescription medications? ☐ Yes ☐ No *if yes*, list:

Medication Name and Indication	

Do you have or ever had any of the following? Please specify next to the box.

☐ Heart Disease ☐ Arthritis ☐ Migraines ☐ Stroke
☐ Lightheadedness ☐ Diabetes ☐ Tuberculosis ☐ Hernia
☐ Cancer ☐ Ulcers ☐ High Blood pressure ☐ Liver Disease
☐ Abscesses ☐ Head Injury ☐ Shortness of Breath ☐ Kidney or Thyroid Disease
☐ HIV ☐ Hepatitis ☐ Lung Disease (COPD, Asthma, Emphysema, Bronchitis)
☐ Other: _____

Seizures? ☐ Yes ☐ No *if yes*, what was the date of your last seizure: _____

Allergies? ☐ Yes ☐ No *if yes,* please list out allergies: _____

Are you pregnant? ☐ Yes ☐ No ☐ N/A (male) *if yes*, what is your due date: _____

Please describe any special medical/dietary concerns: _____

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Mental Health Information

Do you have any mental health issues or concerns?

☐ Anxiety ☐ Bipolar Disorder ☐ Borderline Personality Disorder
☐ Depression ☐ Psychosis ☐ PTSD
☐ Schizophrenia ☐ Trauma ☐ Schizoaffective Disorder
☐ Other: _____

Have you had suicidal thoughts in the past 12 months? ☐ Yes ☐ No

Have you been hospitalized for suicidal thoughts? ☐ Yes ☐ No *if yes*, when? _____

Suicide attempts? ☐ Yes ☐ No *if yes*, when? _____

Do you harm yourself or cut yourself now or in the past? ☐ Yes ☐ No *if yes*, please describe: _____

_____

Have you recently had homicidal thoughts? ☐ Yes ☐ No

Legal Information

Do you have any pending charges/Upcoming Court Dates? ☐ Yes ☐ No *if yes*, please describe: _____

_____

Parole/Probation Officer name: _____ **County:** _____

Parole/Probation Officer phone: _____

Do you have recent or past involvement of any of the following?

Please provide the charge(s) and date(s) if applicable.

Animal Abuse: ☐ No ☐ Yes: _____
Assault: ☐ No ☐ Yes: _____
Fire Starting: ☐ No ☐ Yes: _____
Gang Involvement: ☐ No ☐ Yes: _____
Sex Offenses: ☐ No ☐ Yes: _____
Other: ☐ No ☐ Yes: _____

Does anyone have a restraining order against you or you against them?

☐ Yes ☐ No *if yes*, who? _____

Are there any no contact order(s) in place for anyone?

☐ Yes ☐ No *if yes*, with who? _____