Let's Discuss...

Oregon Fentanyl Crisis:

What We Have Learned and the Most Current Treatment Approaches



Dr. Jennifer Hartley

Thursday, March 27, 2025

PRESENTED BY



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Speaker Series on Mental Wellness

We are thrilled to come together for the third annual Let's Discuss Speaker Series. We've already learned so much from past keynotes, and we're excited to bring you a new series of forwardthinking topics.

At Fora Health, we know wellness surpasses physical health – and must include emotional and mental health. We see that every day in our work to provide treatment for people healing from substance use disorder.



Devarshi Bajpai Chief Executive Officer

In Withdrawal Management, we see people who are courageous and fighting for their lives come to treatment seeking help and compassion. Our role is imperative to their healing journey. Every single person on our team – facilities, nursing, counselors, and doctors - work together to decrease the discomfort of withdrawal and provide a safe, healing environment. Leading the team and the innovative efforts has been Dr. Jenny Hartley. Dr. Jenny recognizes that even with all the medicine, counseling, and care that our patients receive, often the most healing thing that we can offer is kindness. We are grateful that she's with our team and glad she is sharing with us today. I know you will leave with valuable insights for your professional career.

At Fora Health, we recognize the value of education and have worked very hard to create a high-quality, accessible event. Thank you to our amazing partners – The Wheeler Foundation, Cambia, CareOregon, Edlen & Co, Heritage Bank, and New Narrative. You can join this amazing group of partners to ensure these events continue to bring accessible, high-quality education to our community!

We look forward to all the ensuing conversation.

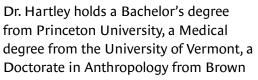
Devarshi Bajpai Chief Executive Officer

Fora Health, *formerly De Paul Treatment Centers*, has been providing transformational treatment in our community for over 50 years! When we look at what it takes to recover from the disease of addiction, we understand that no one can do it alone. We believe that trauma-informed, evidence-based treatment programs along with supportive family and friends, compassionate healthcare providers, and thoughtful public policy are needed to recover.

Thank you for your support!

Meet Dr. Jenny Hartley

Dr. Jenny Hartley is the Chief Medical Officer at Fora Health Treatment & Recovery. Previously, she served as the Medical Director & Director of Innovation at Fora, where she developed nationally recognized, innovative approaches to address the fentanyl crisis.





University, and a Master's in Oriental Medicine from the National University for Natural Medicine. Before joining Fora Health, she completed a fellowship in Addiction Medicine at OHSU. In recognition of her contributions, she has been honored as a Saint by the Portland Sisters of Perpetual Indulgence, The Order of Benevolent Bliss. Don't miss this presentation and gain critical insights into fentanyl, addiction treatment, and structural competency.

This presentation will cover:

- The rise of fentanyl in Oregon, how it arrived, and its impact
- Lessons from the front lines on how Fora Health has tackled the fentanyl crisis
- Innovations in Withdrawal Management and Outpatient Treatment
- Practical strategies for navigating buprenorphine transitions, challenges, and solutions
- Actionable tools to support patients through fentanyl withdrawal and treatment, improving both comfort and success rates



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careoregon.org





Edlen & Co. is honored to support Fora Health and to have helped make Fora Health Cherry Blossom a reality, bringing trauma-informed care to our community to help people live lives free from addiction.

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Upcoming Speakers



Heal the Healer
Dr. Keith Dempsey
Thursday, April 24, 2025
In-person Only - SOLD OUT



7 Facts About Anxiety That Will Change The Way You Think Maryellen Dance Thursday, May 22, 2025 | 11:30 AM - 1:00 PM Hybrid | In-person and Livestream

Fall Session – Registration Opens July 31, 2025



The Unexpected Gift of Trauma and the Path to Post Traumatic Growth Dr. Edith Shiro Thursday, September 18, 2025 | 11:30 AM - 1:00 PM Hybrid | In-person and Livestream



Addiction

Dr. Brandon Oberlin

Thursday, October 23, 2025 | 11:30 AM - 1:00 PM
In-person Only

The Use of Virtual Reality to Treat



How to Eat to Change How We Drink Dr. Brooke Scheller Thursday, November 6, 2025 | 11:30 AM - 1:00 PM Hybrid | In-person and Livestream



Register Now: <u>forahealth.org/letsdiscuss</u>