



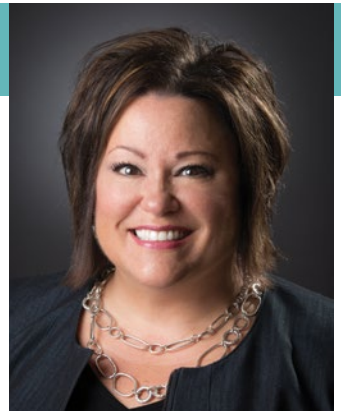
De Paul Treatment Centers

Annual Report 2016-2017



Dear Friends,

As this year comes to a close at De Paul Treatment Centers, I am proud of this agency's dedication to serving those affected by the disease of addiction. When we first opened our doors 40 years ago, De Paul prioritized serving some of the most marginalized people in our community. This priority is just as important to us today. We believe everyone deserves a healthy future, and are committed to providing exceptional, affordable care for any Oregonian in need.



Maree Wacker
Chief Executive Officer

At De Paul, we are constantly looking for ways to improve our services. This year, we implemented a state of the art Electronic Health Records (EHR) system that is already transforming the quality of our care. We redesigned our Medical Detox admissions process to provide better treatment access for people with acute needs. Because of De Paul, over 2,000 adults and youth are thriving in recovery this year.

In early 2017, De Paul began a strategic initiative to guide our future as one Oregon's leading behavioral healthcare providers. Through meetings with dozens of community stakeholders and our own internal review, we concluded that De Paul lacks a physical location that reflects the quality of our care. I am thrilled to share with you that De Paul is embarking on a multi-year campaign to build a new facility. I cannot wait to share updates with you as we redesign the home of De Paul Treatment Centers to be a destination for hope, healing and freedom.

I am proud of the work that De Paul has accomplished this year and look forward to our future change and growth. Please join us on this journey – we could not do this work without you.

With deepest gratitude,

A handwritten signature in black ink that reads "Maree Wacker". The signature is fluid and cursive.

Maree Wacker, Chief Executive Officer



“ Words cannot express the joy and clarity that De Paul has restored in my life. I have been given the tools, resources and opportunities to thrive and I could not be any happier.

- Michael, De Paul Alum



About De Paul

Mission

De Paul Treatment Centers works with individuals, families and communities to create freedom from addiction.

De Paul serves the community and those affected by the disease of addiction. Using proven and effective, evidence-based treatment strategies, De Paul strives to build healthy and hopeful communities in recovery.

Treatment Philosophy

Treatment at De Paul is based on the belief that chemical dependency develops within the context of an individual's heredity and environment. We view addiction as a complex, chronic and treatable disease. We believe that all individuals have within them innate health and the capacity to recover. De Paul uses comprehensive, multi-disciplinary, culturally appropriate, and evidence-based practices that address the needs of the whole person, family and community. We support participation in groups such as the anonymous fellowships that provide inspiration and hope. Our goal is to help individuals and families stabilize, reconnect, and heal.

Continuum of Care

De Paul offers the full continuum of care for men, women, youth and families. From detox to residential, day treatment to outpatient, group and family therapy, an individual can move through each level of care to gain stability under just one roof. With comprehensive treatment services, we ensure that patient care is not disrupted by changing providers, counselors, or teachers. This continuity of care allows our patients to build lasting relationships for successful treatment outcomes.

Quality

For nearly 40 years, De Paul has worked with more than 40,000 individuals and families to create freedom from addiction.

De Paul is nationally accredited through the Commission on Accreditation of Rehabilitation Facilities (CARF).



Adult Program

Our adult programs are designed to stabilize patients in a trauma informed environment, develop the skills to build a foundation for recovery, and provide a supportive transition back into the community.

About

At De Paul, we provide substance use and co-occurring mental health treatment in a structured environment. With each patient we serve, our qualified clinical team works to develop an individualized treatment plan using evidence-based practices and a holistic approach. We address the needs of the whole person and their support systems, including family and the community in which they live. We help our patients develop the skills they will need to be successful in their recovery.

What's New

This year we focused on honing our treatment systems to ensure our patients receive the highest quality of care. We redesigned our Medical Detox admissions process, allowing us to admit most patients on the same day they seek treatment. By providing same-day assessments and treatment access, we are helping our patients when they are most vulnerable and ready to change.

1,669

Total adult patients age 19 and older

691

Detox Patients

784

Residential Patients

27

Day Treatment Patients

929

Outpatient Patients

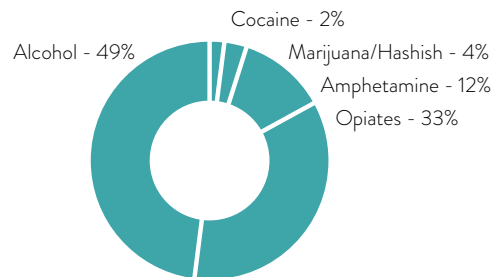
31%


Utilized De Paul's Family Therapy Program

25%

Had co-occurring mental health conditions

Primary Substance





“ I found a lot of support from the staff and other patients as they truly are dedicated to helping. They gave me the tools and taught me how to use them in my day to day life. If I was struggling they were always there to help me through!

- Melody, De Paul Alum

“ De Paul taught me the skills I needed to stay clean. My counselors changed the way I saw things and it really changed my life.

- Jude, De Paul Youth Alum



Youth Program

The primary goal of the Youth Program is to stop addiction early. This unique program provides teens with a supportive environment to learn, heal, and begin their life in recovery.

255 Youth patients
age 13 to 18

53% Youth patients had
co-occurring mental health

107.5 Total academic
credits recovered
last year

50% Youth patients
come from families
with addictions

75% Youth patients are on the
Oregon Health Plan

50% Youth patients completed
residential treatment

About

The De Paul Youth & Family Center in Northeast Portland provides a welcoming and empowering environment for youth and their families. With comprehensive treatment services for youth ages 13 to 17, our patients work with the same counselors, teachers, and other providers throughout their treatment stay. This continuity of care allows our patients to build lasting relationships for successful outcomes.

Through our on-site accredited academic program, we work with each youth patient to build confidence and the skills they need to get reengaged in learning and caught up in school.

What's New

This year, we implemented a new evidence-based curriculum in our Residential Treatment program: "Living in Balance." This is a patient-focused curriculum that helps youth identify situations that trigger cravings and pinpoint the decisions that can lead to drug use. This program draws from cognitive, behavioral, and experiential approaches with a strong emphasis on relapse prevention. Living in Balance uses didactic education and instruction, written exercises, group process interaction through role-playing and discussion, relaxation and visualization exercises, and group-oriented recreational therapy.

Peer Mentors

The Peer Mentor program is committed to bridging treatment and everyday life for our patients to build a stronger foundation for their recovery.

The peer mentors provide individualized support to patients depending on their needs. Texting and phone support, sober fun activities and outings, transportation to meetings and appointments are just a few of the activities and services the peer mentors provide. These services help patients stay connected in the community while focusing on recovery.

Family Therapy

Addiction affects all aspects of an individual's life, but especially their loved ones. At De Paul, we encourage family and support system involvement. As family members work with De Paul's skilled family therapists, they learn about the disease of addiction and how they can be an integral part of their loved one's recovery. Patients may begin family therapy upon entering treatment and remain engaged throughout our full continuum of care.

Mental Health

Many of De Paul's patients are in need of treatment for more than just substance use disorders. Mental health evaluations and treatment are available to support patients with a dual diagnosis. Our staff of qualified mental health professionals are equipped to treat a wide range of co-occurring mental health conditions. Residential patients with a dual diagnosis participate in specifically designed groups. Medication management for mental health is available through De Paul's medical team for our patients.

Medical Services

At De Paul, we provide a full spectrum of medical services to treat the whole person as they begin their recovery from addiction. Staffed with nurse practitioners and registered nurses, our medical services for patients go beyond mental health and addiction treatment. Patients in our residential programs can access medical care on site. We coordinate with each patient's primary care provider both during and after their stay to ensure exceptional medical care.





Impact

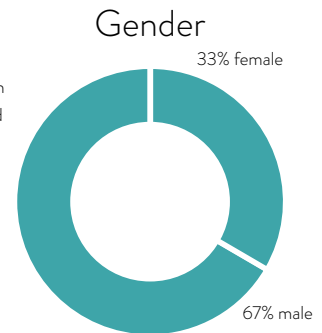
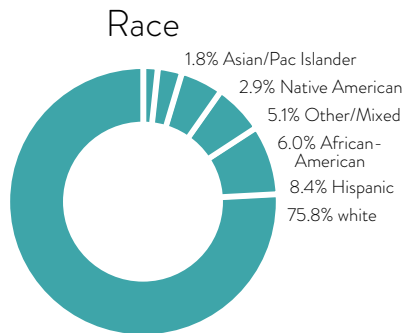
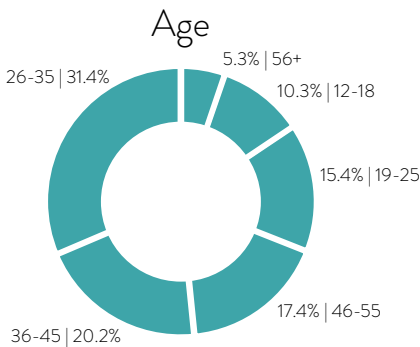
With the generous support of our community, De Paul Treatment Centers saves lives every day from the devastating disease of addiction. Our evidence-based treatment programs prepare patients for long-term recovery and success in all aspects of their lives. Because of De Paul, our community is a healthier, stronger, more vibrant place to call home.

90

% of patients feel services at De Paul are making a positive difference in their life

81

% of patients come from low income households



“ De Paul changed my life and also helped save my life at the same time...Great place to build your foundation for recovery. De Paul helped me build a support system of men in treatment and also with the community of AA, NA, CA, H&I, and HA. I learned multiple skills from the classes that were available such as DBT skills, life skills and relapse prevention. The counselors at De Paul went the extra length to help me with my stay in residential treatment. The counselors were very motivational oriented with all the patients. I truly felt at home while I was at De Paul.

– Trevor , De Paul Alum

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**A special thank you to the following
board members who recently retired
from De Paul's Board of Directors:**

- Jack Hopkins, NW Medical
- James Paustian
- Paul Rosenbaum, SWR Corporation

Statement of Financial Position

as of June 30, 2016

Assets

| | |
|--|---------------------|
| Cash and cash equivalents | 570,094 |
| Contracts receivable | 66,537 |
| Accounts receivable | 1,022,446 |
| Contributions receivable | 17,925 |
| Prepaid expenses and deposits | 44,686 |
| Investments designated for deferred compensation | 61,019 |
| Property and equipment - net | 5,950,324 |
| Total assets | \$ 7,733,031 |

Liabilities

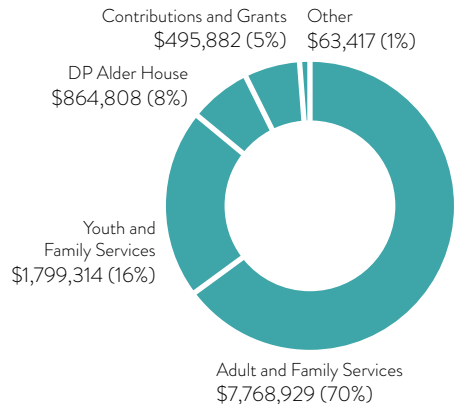
| | |
|---------------------------------------|---------------------|
| Lines of credit | - |
| Accounts payable and accrued expenses | 347,593 |
| Payroll and related liabilities | 505,333 |
| Deferred revenue | 53,863 |
| Capital lease obligations | 80,076 |
| Long-term debt | 2,029,440 |
| Total liabilities | \$ 3,016,305 |

Net assets

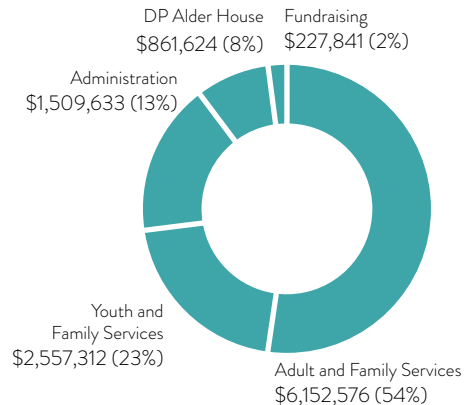
| | |
|-------------------------|---------------------|
| Unrestricted | 4,323,059 |
| Temporarily restricted | 393,667 |
| Total net assets | \$ 4,716,726 |

Total liabilities and net assets \$ 7,733,031

Revenue



Expenses



Thank You!

Each year with compassion from individuals, foundations and corporations, De Paul has the opportunity to improve people's lives and make our community a healthier, better place. Donors listed contributed between July 1, 2015 and June 30, 2016. Thank you for your generous support.

\$50,000+

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De Paul thanks the many individuals and businesses who have supported our programs through in-kind donations. Whether they gave bedding, dental services, clothing, or food, these donors helped our patients on their path to recovery.

?Por Que No?
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Wells Fargo Bank
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“ *Serving on the De Paul Board is an opportunity to advocate for those suffering from the devastating disease of addiction who cannot advocate for themselves.*

—*Connie McDowell, Board of Directors*

Special Events



2016 Freedom Awards

Samuel C. Wheeler Freedom Award | Mary Monnat
Courage Award | Baker Family & Friends
Justice Award | Judge Amy Holmes Hehn

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Locations

De Paul Adult Center

1312 SW Washington St.
Portland, OR

De Paul Youth & Family Center

4310 NE Killingsworth St.
Portland, OR

De Paul Outpatient Center

205 SE 3rd St.
Hillsboro, OR

Mailing Address

PO Box 3007
Portland, OR 97208