



De Paul Treatment Centers

Annual Report
2017-2018



Dear Friends,

Every day I am inspired by the people who walk through De Paul's doors. I see clients brave enough to seek help and work hard for a better life. Compassionate staff who provide exceptional care to some of the most marginalized people in our community. Board members, donors, and community partners who invest in and advocate on behalf of De Paul. We are all connected by the mission to create freedom from addiction, because everyone deserves a healthy future.

As the opioid crisis continues to affect our community, De Paul joined a handful of other local providers to offer Medication-Assisted Treatment (MAT) through participation in the Wheelhouse project funded by Health Share of Oregon. MAT is the new gold standard for treating opioid use disorder. Consistent with the approach used for other chronic diseases, treatment plans for opioid use disorders are individualized to each patient and created with input from the patient, prescriber, and other members of the health care team. MAT increases patients' ability to stay in treatment and reduce their risk of relapse.

This year we made great progress in our visionary campaign to build a new facility. We have significant support from the community, with early commitments from the Maybelle Clark Macdonald Fund and the State of Oregon. We have identified the new site, retained architects, and are working on designs for our new home. I cannot wait to share more updates with you as we get closer to breaking ground on a new center for hope, healing, and freedom.

I am proud of the work that De Paul has accomplished this year and look forward to more growth in the future. We could not do any of this work without you, our community – thank you!

With deepest gratitude,



Maree Wacker, Chief Executive Officer



Maree Wacker
Chief Executive Officer



Happy Birthday Courtney
with love from...

DIAMOND YACHT CLUB





About De Paul

Mission

De Paul Treatment Centers works with individuals, families and communities to create freedom from addiction.

De Paul serves the community and those affected by the disease of addiction. Using proven and effective, evidence-based treatment strategies, De Paul strives to build healthy and hopeful communities in recovery.

Treatment Philosophy

Treatment at De Paul is based on the belief that chemical dependency develops within the context of an individual's heredity and environment. We view addiction as a complex, chronic, and treatable disease. We believe that all individuals have within them innate health and the capacity to recover. De Paul uses comprehensive, multi-disciplinary, culturally appropriate, and evidence-based practices that address the needs of the whole person, family, and community. We support participation in groups such as the anonymous fellowships that provide inspiration and hope. Our goal is to help individuals and families stabilize, reconnect, and heal.

Continuum of Care

De Paul offers the full continuum of care for men, women, youth, and families. From detox to residential, day treatment to outpatient, group and family therapy, and peer mentors, an individual can move through each level of care to gain stability under just one roof. With comprehensive treatment services, we ensure that patient care is not disrupted by changing providers, counselors, or teachers. This continuity of care allows our patients to build lasting relationships for successful treatment outcomes.

Quality

For more than 40 years, De Paul has helped over 40,000 individuals and families create freedom from addiction.

De Paul is nationally accredited through the Commission on Accreditation of Rehabilitation Facilities (CARF).



Adult Program

Our adult programs are designed to stabilize patients, develop the skills to build a foundation for recovery, and provide a supportive transition back into the community.

About

At De Paul, we provide substance use and co-occurring mental health treatment in a structured, therapeutic environment. We address the needs of the whole person and their support systems, including family and the community in which they live. We help our patients develop the skills they will need to be successful in their recovery.

What's New

This year we continued improving our quality of care through new programs and research. Through a partnership with Health Share and local providers, we began providing Medication Assisted Treatment (MAT). MAT pairs nondrug therapies, such as counseling or cognitive behavioral therapy, with an FDA-approved medication to treat opioid use disorders.

1,707

Total adult patients age 19 and older

682

Detox Patients

748

Residential Patients

366

Mental Health Patients

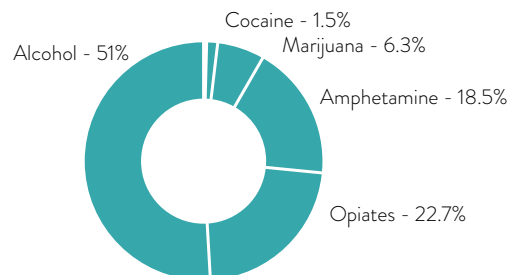
581

Outpatient Patients

23% Residential patients utilized De Paul's family therapy services

66% Had co-occurring mental health conditions

Primary Substance





Youth and Family Center



Youth Program

The primary goal of the Youth Program is to stop addiction early. This unique program provides teens with a supportive environment to learn, heal, and begin their life in recovery.

93 Youth patients
age 13 to 18

71% Have co-occurring mental
health conditions

70% Youth patients are on the
Oregon Health Plan

64% Youth patients complete
residential treatment

About

The De Paul Youth & Family Center in Northeast Portland provides a welcoming and empowering environment for youth and their families. With comprehensive treatment services for male identifying youth ages 13 to 17, our patients work with the same counselors, teachers, and other providers throughout their treatment stay.

We believe teen treatment and education go hand in hand for successful recovery. Through our on-site accredited academic program, we work with each youth patient to build confidence and the skills they need to reengage in learning and catch up in school. On average, youth earn two credits during their stay

What's New

Through a grant from CareOregon, we added a Youth Outreach & Addictions Counselor who works directly with students in Portland Public Schools. This counselor works with select high schools, and provides drug and alcohol assessments, individual counseling, and preventative education services. By providing services on-site, we are meeting teens before they drop out of school and ensuring that those who need us most are able to receive the care they need to build a stable recovery. Families of impacted students and the students themselves have preferred the ability to access care directly at school. This program is helping students remain engaged in school and preventing them from falling further behind due to their drug or alcohol use.

Services

Peer Mentors

The Peer Mentor program is committed to bridging treatment and everyday life for our patients to build a stronger foundation for their recovery.

The peer mentors provide individualized support to patients depending on their needs. Texting and phone support, sober fun activities and outings, transportation to meetings and appointments are just a few of the activities and services the peer mentors provide. These services help patients stay connected in the community while focusing on recovery.

Family Therapy

Addiction affects all aspects of an individual's life, but especially their relationships with loved ones. At De Paul, we encourage family and support system involvement. Patients and family members work with De Paul's skilled family therapists and learn about the disease of addiction and learn new life skills to support family relationships. Patients may begin family therapy upon entering treatment and remain engaged for the duration of their stay.

Mental Health

Many of De Paul's patients are in need of treatment for more than just substance use disorders. Mental health evaluations and treatment are available to support patients with a co-occurring mental health diagnosis. Our staff of qualified mental health professionals are equipped to treat a wide range of co-occurring mental health conditions. Patients with a co-occurring mental health diagnosis participate in specifically designed groups. Medication management for mental health is available through De Paul's medical team for our patients.

Medical Services

At De Paul, we provide a full spectrum of medical services to treat the whole person as they begin their recovery from addiction. Staffed with nurse practitioners and registered nurses, our medical services for patients go beyond mental health and addiction treatment. Patients in our residential programs can access basic medical care on site. We coordinate with each patient's primary care provider both during and after their stay to ensure exceptional medical care.





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can't do, or understand
as you are the creator of
it that there is to do,
& understand.

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Impact

With the generous support of our community, De Paul Treatment Centers saves lives every day from the devastating disease of addiction. Our evidence-based treatment programs prepare patients for long-term recovery and success in all aspects of their lives. Because of De Paul, our community is a healthier, stronger, more vibrant place to call home.

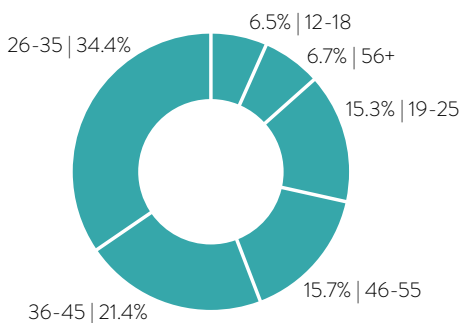
88

% of patients feel services at De Paul are making a positive difference in their life

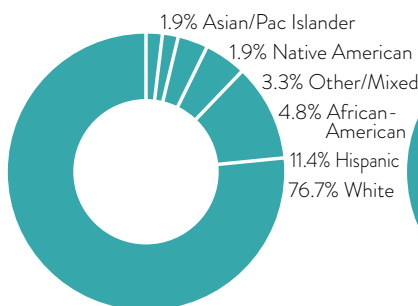
80

% of patients come from low income households

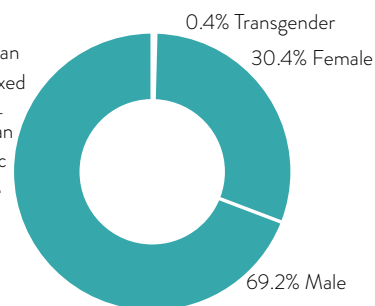
Age



Race



Gender



“ De Paul Treatment Centers gave me my life back. When I checked into De Paul I was broken, battered, and had lost the will to live. In working with the staff I was able to view myself in a different light and learn to be hopeful for what the future holds. Classes were informative and challenged me to look at myself. One-on-one sessions caused me to take an even more in-depth look at myself and what I need to motivate me to lead a productive life in recovery. I am grateful for the time I got to spend here, and I am grateful for all the staff who have helped me on my journey.

– Benji, De Paul Alum

Leadership

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**A special thank you to the following
board members who recently retired
from De Paul's Board of Directors:**

- Julia Banks, Wells Fargo
- Robert Coussens, UBS Financial Services
- Scott Elliott, Edge Development
- Jeff Foster, Tenth Caller, Inc.
- Mary Ellen Glynn, Columbia Sportswear

Finances

Statement of Financial Position

as of June 30, 2018

Assets

Cash and cash equivalents	312,122
Contracts receivable	146,803
Accounts receivable	498,733
Contributions receivable	1,126,197
Prepaid expenses and deposits	87,531
Investments designated for deferred compensation	95,463
Property and equipment - net	3,457,879
Property and equipment held for sale	2,168,592
Total assets	\$ 7,893,320

Liabilities

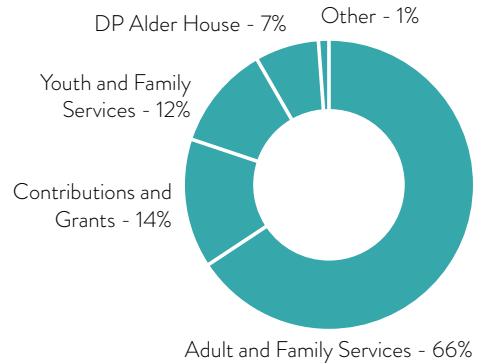
Accounts payable and accrued expenses	463,986
Payroll and related liabilities	582,041
Deferred revenue	9,659
Capital lease obligations	79,292
Notes payable	1,489,501
Total liabilities	\$ 2,624,479

Net assets

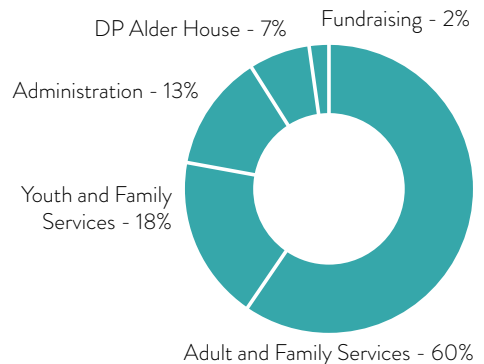
Unrestricted	3,820,569
Temporarily restricted	1,448,272
Total net assets	\$ 5,268,841

Total liabilities and net assets **\$ 7,893,320**

Revenue



Expenses



Thank You!

Each year with compassion from individuals, foundations and corporations, De Paul has the opportunity to improve people's lives and make our community a healthier, better place. Donors listed contributed between July 1, 2017 and June 30, 2018. Thank you for your generous support.

\$50,000+

CareOregon

\$25,000+

Ken Austin Jr.

Wheeler Foundation

\$15,000+

Coral Construction

Company

Henry Lea Hillman, Jr.

Foundation

OCF Joseph E. Weston

Public Foundation

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Services

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Legacy Health Systems

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The Standard

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\$2,000 - \$4,999

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Meredith Weisshaar

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\$1,000 - \$1,999

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Broughton & Mary

Bishop Foundation

Jason Eric Brown

Tom & Ann Chapman

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Deschutes Portfolio

Strategies

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ESCO Corporation

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Jared Whipps
Gigi Wood

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\$1 - \$99

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Mitch Ricker
Robert Rihala
Sandra Rogers

Christopher Shine &
Suzy Happ
Brittany Simpson
Roy Smithey
Jim & Karen Spangler

De Paul thanks the many individuals and businesses who have supported our programs and events through in-kind donations.

?Por Que No?
Atlas Pizza
Back to Eden Bakery
Julia Banks
Pam & Scot Belli
Blush Beauty Bar
Kenneth R. & Vicki Buck
Case Study Coffee
Jennifer Dale
Dave's Killer Bread
DeNotta Seafood
Janet Evans
Fire on the Mountain
Glendoveer Golf
Golf Clubs Direct
Grand Central Bowl
Gravy
Higgins Restaurant
Suenn Ho
Hollywood Theatre
Bruce Howell

Lori Spencer
Ralph Staley
James E. Vannice
Tony Vezina
Eric Zimmerman

Japanese Garden
Society of Oregon
Laughing Planet
Legacy Health Systems
Living Room Theaters
MadeHere PDX
Connie & Doug McDowell
McMenamins
Medical Teams International
Off The Waffle
Pastini Pastaria
Pix Patisserie
Portland Trail Blazers
Pronghorn Resort
RedTail Golf Center
Ruby Jewel
Sleep Number
Stumptown Coffee
Tix For Kids
Tooth Taxi
Water Avenue Coffee

We are grateful to the following donors for their lead support of our visionary campaign to build a new facility.

Anonymous
Maybelle Clark
Macdonald Fund
Jay & Duff Minor
Multnomah County
State of Oregon
Meredith Weisshaar
Harry B. Wilson



“ *Given the substance abuse crisis we face in our state and nation, I believe that my board service contributes to a solution to these problems. The De Paul volunteers and staff are hard-working, reliable and dedicated to serve those inflicted by addiction. It is an honor to serve on the De Paul Board.* *—Bruce Howell, Board of Directors*

Special Events



18th Annual Freedom Awards

On September 28, 2017, we welcomed over 350 guests to the 18th Annual Freedom Awards at the Sentinel Hotel. The event recognizes community members who support and work toward ending the stigma of addiction.

The luncheon featured remarks from Multnomah County Commissioner Sharon Meieran and Oregon Attorney General Ellen Rosenblum. The event raised over \$230,000.



Samuel C. Wheeler
Freedom Award

Jay Minor



Spirit of Recovery
Advocacy Award

Devarshi Bajpai





De Paul Treatment Centers
PO Box 3007
Portland, OR 97208-3007

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503-535-1151

info@depaultc.org

DePaulTreatmentCenters.org



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eNews

depaultc.org/newsletters

Locations

De Paul Adult Center

1312 SW Washington St.
Portland, OR

De Paul Youth & Family Center

4310 NE Killingsworth St.
Portland, OR

De Paul Outpatient Center

205 SE 3rd St.
Hillsboro, OR

Mailing Address

PO Box 3007
Portland, OR 97208